PRACTISE FOOD SAFETY: CORONAVIRUS

Meat products can be safely consumed if they are thoroughly and properly handled during food preparation.

Do not eat sick of diseased animals.

Wash your hands with soap and hot water for at least 20 seconds between handling raw and cooked food.

Use different chopping boards and knives for raw meat and cooked foods.

Do you need someone to talk to?
Join our Facebook Group for advice and support at www.facebook.com/groups/CoronavirusSeafarerSupport or visit www.sailors-society.org/chaplains to find your local chaplain.